



## Asking For Help

**Who could your trusted adult in school be?**

Anyone

Maybe a teacher

Maybe a teaching assistant

Maybe Mrs Gemmell

Maybe Mrs Ibbotson / Mrs Stoddart



If you feel:

- Unhappy about school
- Unhappy and sad about something happening at school
- Unhappy and sad about someone that you see at school

Then this booklet will tell you what you can do.



Things you could do;

- Tell a parent / carer or family member
- Tell a **trusted grown up** in school
- Ask someone to write it down for an adult in school



**You have a right to be safe.**

We will

- Always listen to you.
- Find out what has been happening
- Do everything we can to sort it out
- Keep you safe

